

Family Issues Roundtable & PennCares
present...

The Chronicles of COVID - Assisting our Children with Coping with Anxiety, Depression and Social Isolation

Friday, September 30 – 8:30 a.m. to 10 a.m.

Live Zoom Webinar

Coping with change and loss is difficult for adults and even more so for children. Join us for a training that will discuss the challenges of assisting our school-age children (K-12) cope with anxiety, depression and social isolation related to COVID-19. Explore solutions and learn more about ways counselors, therapists, parents and educators can assist with helping students cope. This training will provide attendees with the tools needed to navigate our current circumstances and ease the transition to a new normal.

HOW TO REGISTER:

Visit www.penncares.org/event/the-chronicles-of-covid-sept-30/ and type in the promo code **roundtable** at checkout to register for free!



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